

Family Faith Formation

EXPLORE FOUR!!!

As you hear more and more about the Family Faith Formation Program, you will notice that the students will be completing only three (3) chapters per month in their religion books. One session is completed at the monthly Family Faith Formation session and two sessions will be completed in the home with parents and children working together.

Why only three sessions per month? These three sessions are intended to inform the minds of both the children and parents. This catechesis is important for all of us - we all need to continue learning more about our faith and share it with one another. BUT, we also need to form our hearts. That is what Explore Four is all about. Explore Four includes activities that occur in the parish or community that fall into one of four categories:

- Profession of Faith,
- Liturgy & Sacraments,
- Life in Christ and
- Prayer

Explore Four activities are activities that are intended to touch our hearts and our souls. Beginning in October, each family will be asked to explore an activity that falls into one of these categories.

Some ideas of what this might look like:

- We all have a family member or friend who suffers from cancer or some other disease. Why not come as a family to the St. Peregrine Novena held on the first Tuesday evening of each month to ask St. Peregrine's intercession for that loved one who is suffering?
- Have you ever spent time in the Adoration Chapel at either of our parishes? Why not spend an hour with Jesus in the Adoration Chapel as a family?
- How about joining other families in an outreach project for the poor and needy?
- For second graders, seventh graders and eighth graders, Explore Four will mean attending a few additional sessions preparing for the Sacraments of Reconciliation, Eucharist and Confirmation.

Throughout the year, we will provide families with opportunities and ideas that will take you beyond the study of the faith to becoming more a part of our parish communities. Explore Four will be explained in greater detail when we meet together at our Family Faith Formation sessions.

God bless you all!

Deacon Bill